

## 18.1 Mile Route

Start at Brueggers, Main St, Melrose  
Head north on Main St, Melrose  
Bear right on Green St  
Right on Lynn Fells Pkwy  
Left on Forest St, Breakheart Reservation  
\* Water Stop  
Follow Outer Loop of Breakheart  
\* Water Stop  
Follow Forest St to Lynn Fells Pkwy  
Right on Lynn Fells Pkwy  
Right on Main St, Saugus  
Continue on Farm St  
\* Water Stop  
Right on Water St/RT-129  
Left on Montrose Ave  
Left on Salem St  
Slight right on Lowell St  
Left on Quannapowitt Pkwy  
\* Water Stop  
Left on North Ave  
Left on Church St  
Right on Common St  
Continue on Main St, Wakefield  
\* Water Stop  
Finish at Brueggers, Main St, Melrose

START

