

## 7.9 Mile Route

**Start: Brueggers, Main St, Melrose**  
**North on Main St, Melrose**  
**-- Water Stop --**  
**Continue on Main St**  
**Bear right at Lake**  
**Left on Lowell St/RT-129**  
**Left on Quannapowitt Pkwy**  
**Left on North Ave**  
**-- Water Stop --**  
**Right on Main St, Wakefield**  
**Finish: Brueggers, Main St, Melrose**

**START**