



Start North from Brueggers along Main St  
 Water Stop 1 @ Nahant & Main St (3m)  
 Continue North along Main St  
 Left on Lowell St  
 Left on Quannapowitt Pkwy  
 Left on North Ave  
 Water Stop 2 @ Nahant & Main St (7.3m)  
 Follow Nahant St to Farm St  
 Cross Farm St onto Hemlock Rd  
 Follow Breakheart outer loop to the right (ccw)  
 Return out Hemlock Rd  
 Cross Farm St onto Nahant St  
 Water Stop 3 @ Nahant & Main St (13m)  
 Follow Main St south to Brueggers  
 Water Stop 4 behind Brueggers (16m)  
 Follow Main St South to Pine Banks Park  
 Enter Pine Banks across from Hunt Drug  
 Follow parking lot road out to Sylvan St  
 Left on Sylvan St  
 Right on Main St  
 Finish at Brueggers (18.1m)