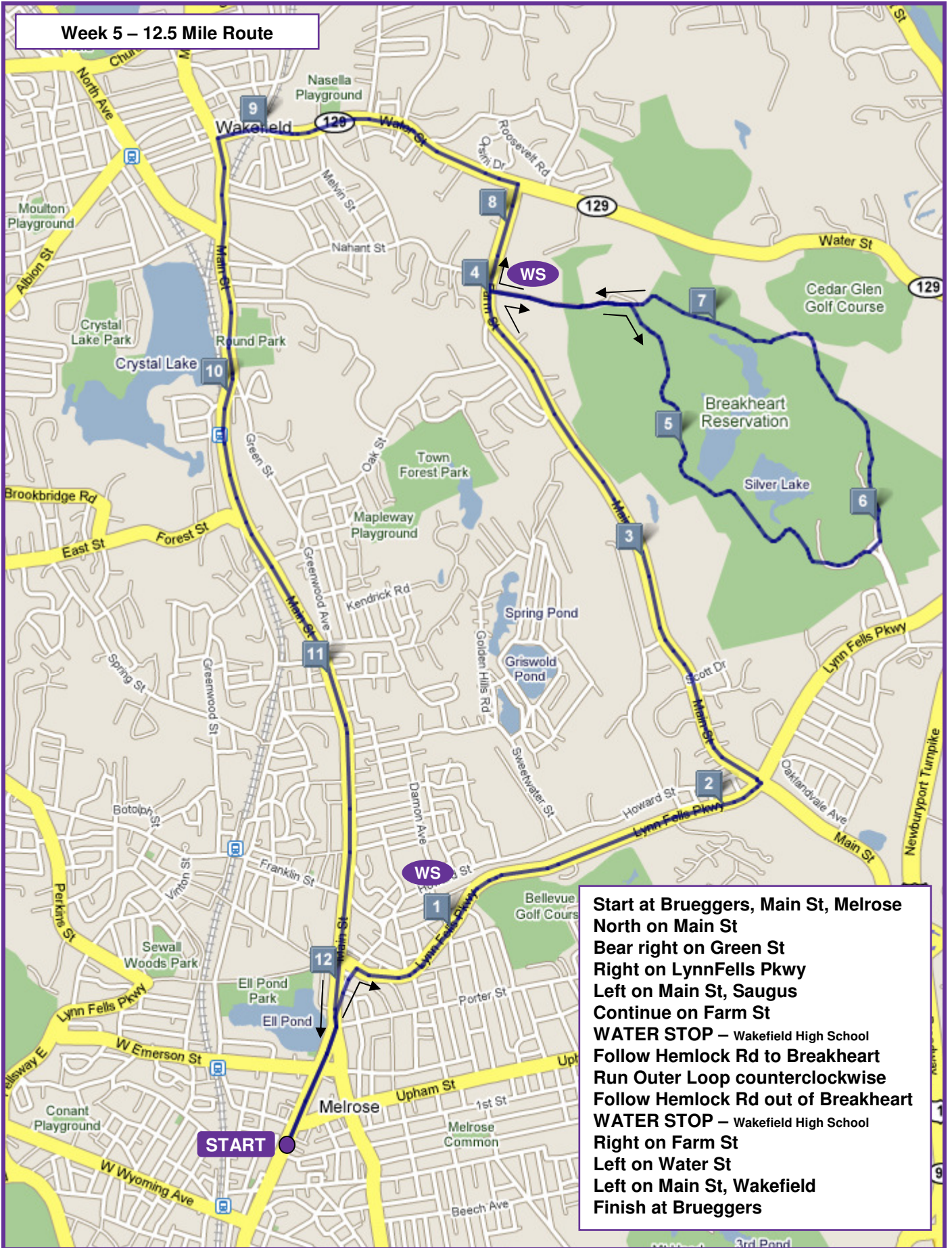
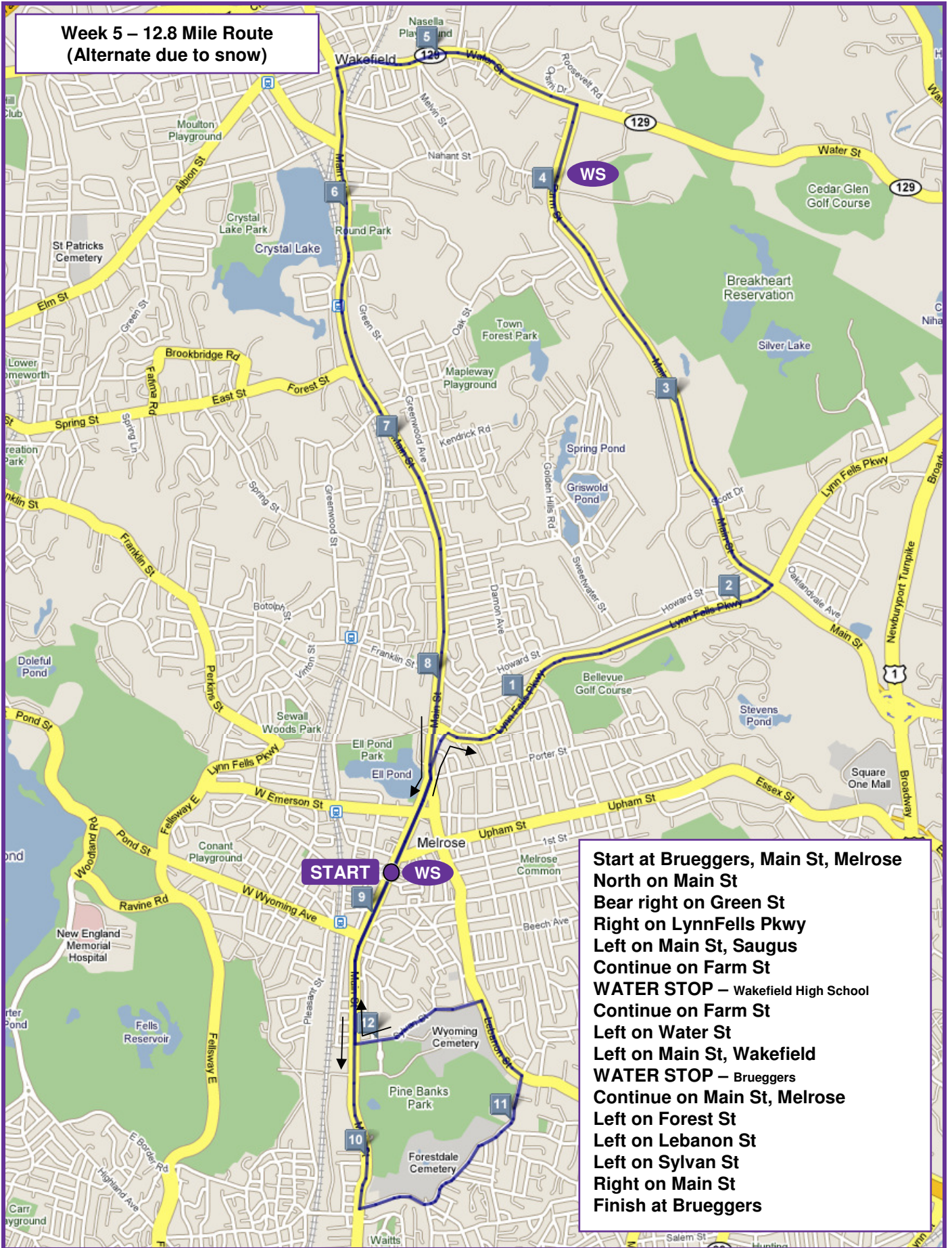


Week 5 – 12.5 Mile Route



Start at Brueggers, Main St, Melrose
North on Main St
Bear right on Green St
Right on LynnFells Pkwy
Left on Main St, Saugus
Continue on Farm St
WATER STOP – Wakefield High School
Follow Hemlock Rd to Breakheart
Run Outer Loop counterclockwise
Follow Hemlock Rd out of Breakheart
WATER STOP – Wakefield High School
Right on Farm St
Left on Water St
Left on Main St, Wakefield
Finish at Brueggers

**Week 5 – 12.8 Mile Route
(Alternate due to snow)**



Start at Brueggers, Main St, Melrose
North on Main St
Bear right on Green St
Right on LynnFells Pkwy
Left on Main St, Saugus
Continue on Farm St
WATER STOP – Wakefield High School
Continue on Farm St
Left on Water St
Left on Main St, Wakefield
WATER STOP – Brueggers
Continue on Main St, Melrose
Left on Forest St
Left on Lebanon St
Left on Sylvan St
Right on Main St
Finish at Brueggers