

# BREAKHEART RUN

**Start: Brueggers, Main St, Melrose**  
**North on Main St, Melrose**  
**Bear Right on Green St**  
**Right on LynnFells Pkwy**  
**Left on Forest St (Saugus Entrance to Breakheart)**  
**-- Water Stop --**

**6 Mile Route: No Loop in Breakheart**  
**8 Mile Route: Inner Loop in Breakheart**  
**9 Mile Route: Outer Loop in Breakheart**  
**12 Mile Route: Outer Loop in Breakheart (2x)**

**-- Water Stop --**  
**Right back on to LynnFells Pkwy**  
**Left on Green St**  
**Left on to Main St**  
**Bear Right to Continue on to Main St**  
**Finish: Brueggers, Main St, Melrose**

Inner Loop = 2 Miles  
Outer Loop = 3 miles

