

Hopkinton to Boston '12

- Be on time (7AM), we're not waiting for anyone
- Bring a warm change of clothes
- Dress for the weather
- Be kind to your driver (gas ain't free)
- All Drivers, e-mail me your cell number
 - Jimcarson@melroserunningclub.com
- Follow the plan as closely as you can
 - If you need to deviate from the plan give me a call

Car Assignments

Derek	Lisa	
Gillian	Betty	
JudyP	Kathryn	

Car 1:
Derek's Van
Driver: Derek

BrianW	Jim	
Carol	Dorota	
Jeff	Andy	

Car 2:
BrianW's Minivan
Drivers: BrianW
Jim

Thuy	Judi	
Michele	Joe	
Dan	Mike	

Car 3:
Thuy's Minivan
Driver: Thuy

Ed	Carleen	
Chas		
Rich	Jen	

Car 4:
Ed's Minivan
Drivers: Ed
Carleen

There will be 8 cars in play this year. Due to special requests, things have gotten a little more confusing than usual, but it should all work out. Katie's car will be carpooling with us while Kaj's car will be leaving early.

Car owners, please be in the parking lot behind Brueggers by 6:45 AM. I'll distribute the water stop supplies then.

Runners, please be in the parking lot behind Brueggers before 7AM. Drop your post-run clothes in the car you'll be driving in. Cars are assigned to make sure cars with runners clothes are in the places they need to be when they need to be, so please stick to the plan. Feel free to change up seating though.

Dave	Carly	
Jose	Kerry	

Car 5:
Dave's Explorer
Driver: Dave

Walt	Gloria
Audrey	

Car 6:
Walt's Prius
Drivers: Gloria
Lois

Carpool to Hopkinton

Katie	Liz
Lois	Nancy

Car 7:
Kait's Civic
Driver: Liz

Carpool from BC

Kaj	Liz
Lois	Nancy

Car 8:
Kaj's Jetta
Driver: Audrey
Nancy

Cars will be pulling out of the parking lot at 7AM.

Getting to Hopkinton from Melrose

Note: After getting off at exit 21A in Hopkinton, stop at the gas station on the right for a bathroom break before the run

I-95 S and I-90 W
45.7 mi

59 mins

This route has tolls.

Bruegger's Bagel Bakery
496 Main Street
Melrose, MA 02176-3841

1. Head **south** on **Main St** toward **E Foster St**

0.3 mi

2. Turn **right** at **W Wyoming Ave**

0.9 mi

3. Continue onto **Pond St**

0.9 mi

4. Continue onto **South St**

0.3 mi

5. Continue onto **II Border Rd**

0.4 mi

6. Turn **left** at **Fallon Rd**

95 ft

7. Turn **right** to merge onto **I-93 N** toward **Lawrence**

2.4 mi

8. Take exit **37B** to merge onto **I-95 S** toward **Waltham**

16.4 mi

9. Take exit **25** to merge onto **I-90 W**
Toll road

17.5 mi

10. Take exit **11A** to merge onto **I-495 S** toward **Cape Cod**
Partial toll road

4.2 mi

11. Take exit **21A** to merge onto **W Main St** toward **Hopkinton**

2.1 mi

12. Turn **right** at **Hayden Rowe St**

331 ft

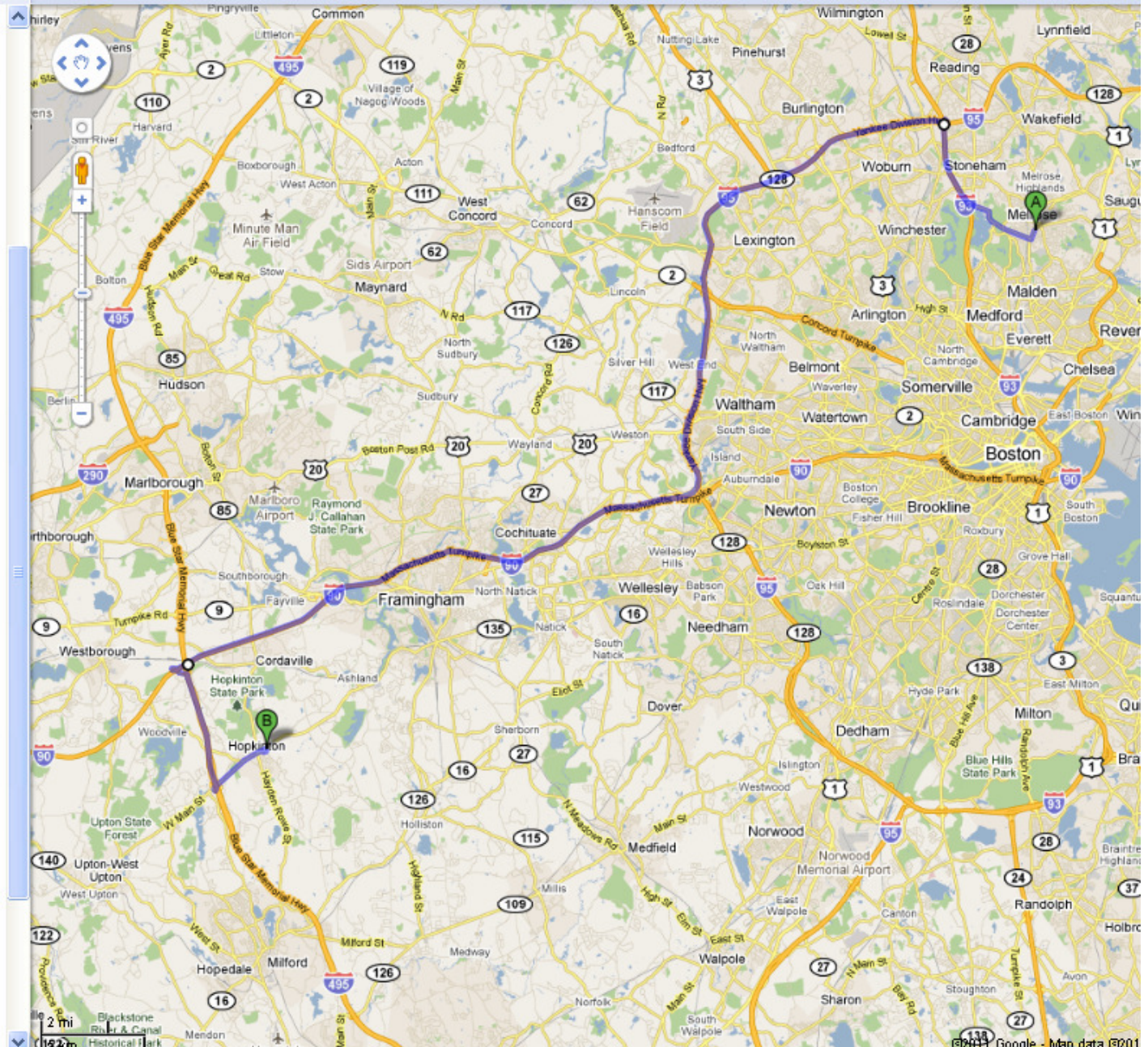
13. Take the **1st left** onto **Park St**

430 ft

14. Turn **left** at **Ash St**

338 ft

BAA Boston Marathon
1 Ash Street
Hopkinton, MA 01748-1897



Water Stop Locations

Water Stop 1

Mile 3.5

414 Union Street,
Ashland, MA

Rte 135 in CVS Pharmacy parking lot



Water Stop 2

Mile 7

210 Waverley Street,
Framingham, MA

Rte 135 near Papa Ginos parking lot
After Beaver St and shell station



Water Stop 3

Mile 10

First Congregational Church
2 East Central Street

Natick, MA

Rte 135 across from Natick Common



Water Stop Locations

Water Stop 4

Mile 13

97 Central Street

Wellesley, MA

Rte 135 after Wellesley College

Across from Brueggers



Water Stop 5

Mile 16

2322 Washington Street

Newton Lower Falls, MA

Rte 16 after Starbucks

before I95 overpass



Water Stop 6

Mile 19

~967 Commonwealth Avenue,

Newton, MA

On Rt30/Comm Ave (left side carriage road)

After Johnny Kelley Statue

Go through Walnut St intersection,

Left on Commonwealth Park,

Left on Comm Ave carriage road



The Finish!

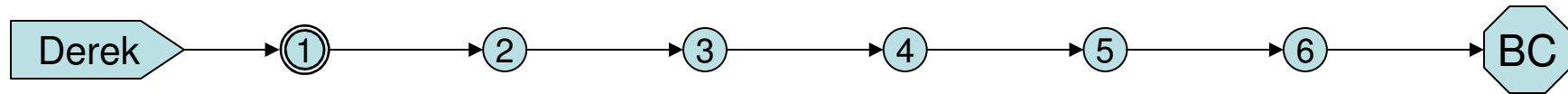
Finish at St Ignatius Church at Boston College
Find the car you came with
There are bathrooms at businesses across Comm Ave
to change your clothes



Drivers can take Rt30 back to Rte 128N to head back to Melrose
Or use any other Boston backroads you know.

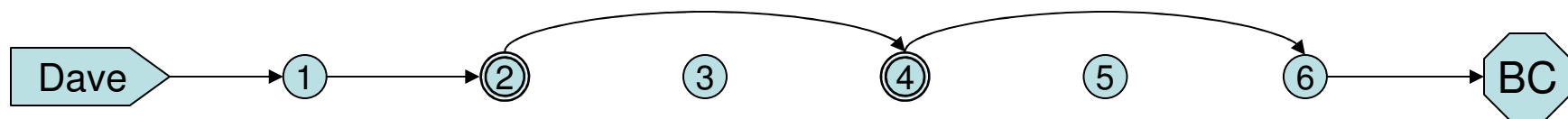
Water Stop Car 1 : Stop at WS1, support all runners through water stop 1
Move to each water stop to support trail pack
Get to finish with your set of runners

*Dereks
Van*



Water Stop Car 2 : Stop at WS1
Move to WS2 to support all runners until WS Car 1 arrives
Move to WS4 to support all runners until WS Car 1 arrives
Move to WS6 to help
Get to finish ahead of runners from your car

*Dave's
Car*



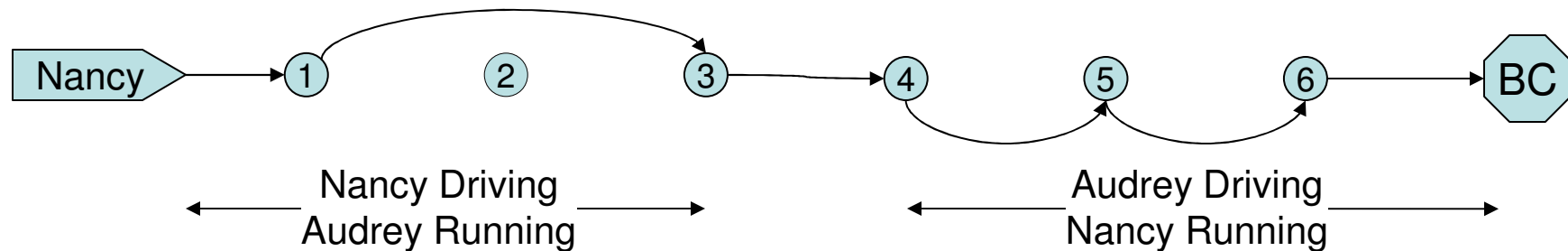
Water Stop Car 3 : Stop at WS1, move people's stuff to Kaj's car
Move to WS2
Support water stop until lead pack goes through
Moves to WS6
Leave WS6 when Katie comes by AND another car is there
Make sure nobody's stuff is in Katie's car before she leaves

*Katie's
Honda*



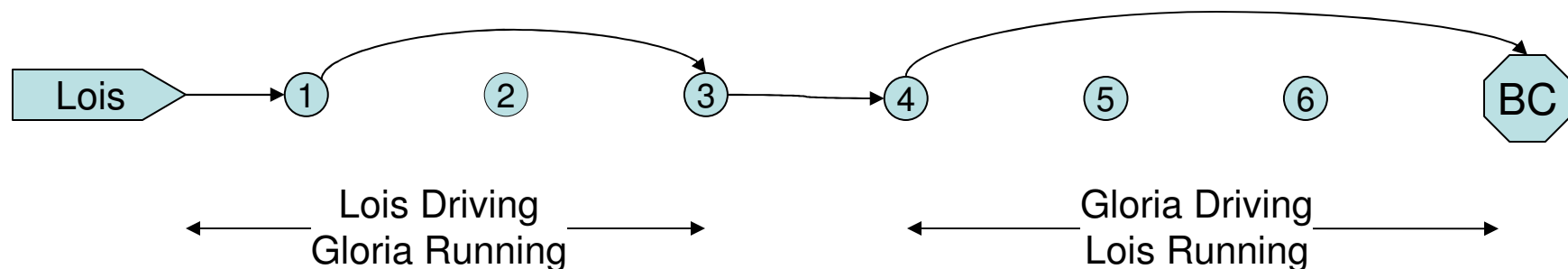
Water Stop Car 4 : Nancy drives to WS1, Audrey is running
 Nancy moves to WS3, Support until Audrey finishes running
 Move to Water Stop 4
 Audrey supports Water Stop 4 until Dave is there
 Audrey moves to WS6 until Kaj runs by
 Move to finish after Kaj comes by

Kaj's
VW



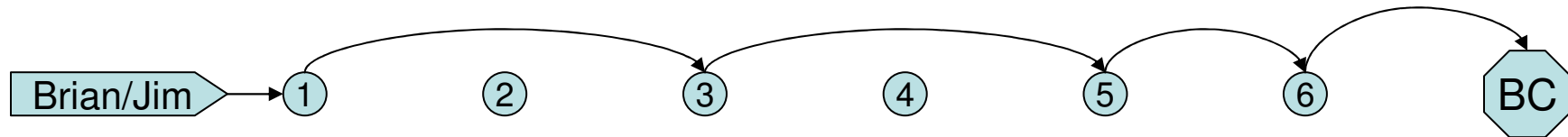
Water Stop Car 5 : Lois drives to WS1, Gloria is running
 Lois collects faster runners gear from other cars
 Lois moves to WS3, Support until Gloria finishes running
 Move to Water Stop 4
 Gloria supports Water Stop 4 until another car is there
 Gloria moves to finish with most runners gear

Walt's
Prius



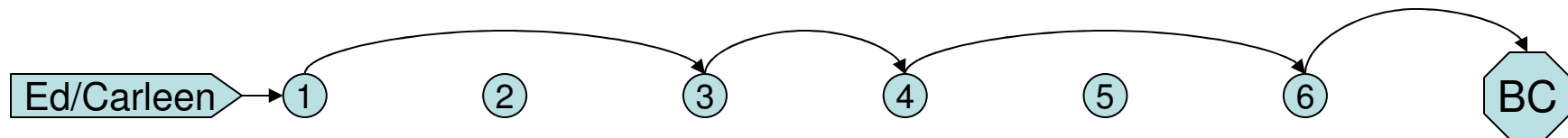
*Brian's
Minivan*

Water Stop Car 6 : Jim helps support WS1, Brian runs
Jim moves to WS3 and Brian keeps running
Jim moves to WS5 and Brian keeps running
Brian stops wherever he likes and Jim picks him up



*Ed's
Minivan*

Water Stop Car 7 : Carleen helps support WS1, Ed runs
Carleen moves to WS3 and Ed keeps running
Carleen moves to WS4 and Carleen runs
Ed can stop at WS4, 5 or 6 and catch a ride back to his car
Carleen can runs to finish



*Thuy's
Minivan*

Water Stop Car 8 : Get to each water stop to support lead pack
Provide support at WS6 until another car gets there
Get to finish ahead of runners
This car will be heading back to Melrose at 12:15

