



MRC Member Code of Conduct

Members shall conduct themselves in a manner that will ensure a comfortable and welcoming environment to pursue and enjoy the sport of running free of any type discrimination regardless of age, disability, ethnic or religious background, gender or sexual orientation and free of any sexual harassment defined as unwanted sexual advances including visual, verbal or physical conduct of a sexual nature.

Please review the following:

- Always respect your fellow club members and all other attendees at club events at all times;
- Always show respect and appreciation for volunteers who give their time to the Club or help at Club sponsored events;
- Never yell, taunt, or threaten physical violence upon another Club member, minor participant, a volunteer, or event spectators at Club events (Members with a criminal history of violence or with a legal restraining order against them by another Club member may be barred from membership and participation in all Club activities);
- Never use abusive or vulgar language, or make racial, ageist, ablest, ethnic or gender-related remarks, slurs or derogatory comments at Club events;
- Never make unwanted sexual or physical contact with other Club members or minor participant (Members found to be listed on a sex offender registry, convicted of a sex crime, or caught having, creating or distributing child pornography will be immediately barred from membership and all participation in Club activities);
- Always report violations of the MRC Member Code of Conduct policy immediately to the Board of Directors without hesitation and without fear of retaliation.
- Violation of the MRC Code of Conduct may be reported verbally however; a written statement may be requested.

All violations will be handled with discretion of the Board of Directors and may include an investigation, verbal and written warnings, and may result in the loss of membership and exclusion from Club activities.

Members who are accused may appeal to the Board of Directors in writing or via verbal presentation. However, decisions remain at the discretion of the Board of Directors. Membership fees will not be refunded to any member dismissed from the Club.